

# Better than medicine.

1 Trillion CFU Probiotic  
Human Probiotic Isolates (HPI)<sup>®</sup>  
Intuitive, Colonising and Restoring



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These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose or cure any disease. With any serious condition, medical advice is essential. Please consult your medical practitioner or alternative healthcare professional for all medical, dietary and lifestyle advice.



## Product Directions



**Probiotic Sachets - Restore your microbiome.**  
1 Sachet in 200ml (7oz) of water. Every morning, until Pack is finished.



**Prebiotic - Stimulate your microbiome.**  
2 - 5 teaspoons with any food or drink you'd like to sweeten.



**Chloride - Rehydrate and remineralise.**  
30 drops in 200ml (7oz) of water. 1 - 3 x daily. Between meals for better absorption.



**PH Caps - Optimise gut pH and stimulate HCL.**  
5 Caps with 200ml (7oz) of water. 3 x daily. Before, during or after meals.



**Incubator / Probiotic Yogurt - Restore your microbiome.**  
200ml (7oz) of probiotic yogurt or more. Every morning, until finished.



**Enzymes - Let your circulation flow.**  
2 - 4 tablets with 50ml (2oz) of water. Every evening before sleep, until Pack is finished.



**Immuno Protein - Compliment your immune system.**  
3 tablets with 50ml (2oz) of water. Every evening before sleep, until Pack is finished.



**The GutSmart Protocol Protocol - Gut Dysbiosis.**  
**Objective - Restore homeostasis.**  
**Time - 4 -12 weeks.**



**Week 1 PH Caps - Optimise gut pH and stimulate HCL.**  
5 Caps with 200ml (7oz) of water. 3 x daily. Before, during or after meals.



**Chloride - Rehydrate and remineralise.**  
30 drops in 200ml (7oz) of water. 1 - 3 x daily. Between meals for better absorption.



**Prebiotic - Stimulate your microbiome.**  
2 - 5 teaspoons with any food or drink you'd like to sweeten.



**Week 2 and Beyond - Begin Probiotic Sachets. Restore your microbiome.**  
**Continue other products.**  
1 Sachet in 200ml (7oz) of water. Every morning, for 7 days. Then 1 Sachet, every third morning for 2 weeks. Then 1 Sachet, once per week, until Pack is finished.



**Sequence:**  
Probiotic Sachets first thing in the morning. PH Caps and Prebiotic throughout the day and evening. Chloride in the afternoon and evening.



**All Health Begins in the Gut**  
The human gut protects against viruses, provides energy, regulates hormones, eliminates waste, contains over 140 trillion microorganisms, houses the same neurotransmitters as found in the brain, produces serotonin and contains over 80% of the Immune System.



**Human Probiotic Isolates<sup>®</sup> (HPI)**  
Restoring the microbiome you were born with. HPI are probiotic strains identical to those found in a healthy human gut from birth, unlike most other probiotics that are made from animal and plant strains. HPI consist of Lactic Acid Bacteria (LAB) and Bifidobacteria including beneficial strains of Lactobacillus Acidophilus, Lactobacillus Bifidus and S. Thermophilus.



**Contains No Animal Bacteria**  
Most probiotics claim they are made for a healthy human gut, yet they contain animal or plant bacteria, fillers and additives. Microbiome is species specific. Only Probiotic Sachets, from the gut health experts at Progurt, use exclusive Human Probiotic Isolates<sup>®</sup> to help effectively re-balance/restore without disturbing the tummy's natural bacterial balance.



**Vegan Friendly and Made from 100% Natural Ingredients**  
Does not contain wheat, milk, egg, soy, gluten, shellfish or traces of nuts.



**Dual Delivery Probiotic**  
Progurt Probiotic Sachets can be consumed in water or juice. Each Sachet can also be made into a delicious probiotic yogurt, using the Progurt Incubator.



**1 Trillion Beneficial Bacteria Capability**  
1 Trillion Colony Forming Units (CFU) capability per Sachet. Is that too much? Not when you consider the human body contains over 140 trillion microorganisms in the gut. An effective number of CFU must be from clinically tested human probiotic strains that can be delivered through stomach acid alive into the small intestine and colon. 1 Trillion beneficial bacteria capability per Probiotic Sachet. In the case of probiotics, numbers are essential.



**Brilliantly Formulated**  
A unique formulation. Synergistic strains. Missing strains. Fragile strains. These strains were chosen for their capability to colonise and replicate. A probiotic that understands your tummy's past to change its future.



**Single Dosage Convenience**  
You don't have to take a pill a day any more. 40 times more capability than a leading probiotic capsule.\* Now the convenience, potency and simplicity of a probiotic in single dose Probiotic Sachets.

1 Probiotic Sachet  
1 Trillion CFU Capability



40 Probiotic Capsules  
\*25 Billion CFU Capability



**Probiotic Checklist**  
✓ 1 Trillion Beneficial Bacteria Capability  
✓ Human Probiotic Isolates (HPI)  
✓ Synergistic & Colonising Strains  
✓ Missing & Fragile Strains  
✓ Stomach Acid & Bile Resistant  
✓ Lactose, Soy & Gluten Free  
✓ Refrigeration Free & Travel Safe  
✓ Vegan Friendly



**Travel Safe & Refrigeration Free**  
20% to 50% of international travellers develop travellers sickness annually. 80% of these cases are caused by bad bacteria. Progurt Probiotic Sachets are brilliant when you need a convenient and powerful probiotic source. Don't let a bad meal ruin your trip.



**Ingredients and Strains per Probiotic Sachet**  
1 Trillion beneficial bacteria capability. Human Probiotic Isolates<sup>™</sup> (HPI) of Lactic Acid Bacteria and Bifidobacteria (including Lactobacillus Acidophilus, Lactobacillus Bifidus and Streptococcus Thermophilus), Inactivated Yeast Extract, Cellulose.



**Human strains of Lactic Acid Bacteria & Bifidobacteria**  
Human Lactic Acid Bacteria (LAB) and Bifidobacteria are high quality & fast colonising probiotic sources, and when consumed in adequate amounts have been shown to aid digestion and rebalance gut flora.



**What will your application be?**

- Have you have recently taken antibiotics?
- Do you suffer from digestive disorders?
- Do you wish to promote healthy digestion?
- Do you wish to maintain a healthy digestive system?
- Are you pregnant, just given birth or breastfeeding?
- Are you lactose intolerant?
- Do you have dairy or food allergies?
- Do you have sensitivities and other allergies?
- Do you have a family history of digestive problems?
- Do you wish to support good digestive function?
- Do you want to support your Immune health?
- Do you want to improve the appearance of your skin?
- Do you have children with cognitive issues?
- Are you travelling?



**Progurt<sup>®</sup>**  
**The Gutcare Company**

The most advanced probiotic and other amazing gut supplements



## The Progurt GutSmart Range

The most advanced probiotic, and other amazing gut supplements. Optimise gut PH. Rehydrate and remineralise. Restore and stimulate your microbiome. Support your immune system. Experience harmony.

We believe that people who feel healthy, relaxed and peaceful change the world for the better. We believe health is simple not complex. Progurt formulates Probiotic Sachets, the most advanced probiotic in the world, along with PH Caps, Chloride, Prebiotic, Enzymes, Immuno Protein and the Incubator. Progurt leads the journey to gut health with its amazing range of innovative supplements. A holistic approach to restore harmony to the gut and associated organs. We believe everybody has the divine potential to elevate far beyond what they may imagine capable. We believe by changing your health internally you are capable of changing your entire external universe. No matter what, we wish to give more life to all and less to none.

### Probiotic Sachets

Human Probiotic Isolates®  
Restore your microbiome.

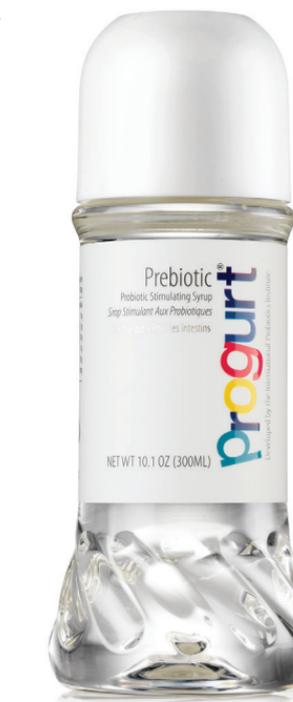
A soothing, super-strength probiotic, to aid digestive health and re-balance gut flora. 1 Trillion Beneficial Bacteria Capability. Clinically tested, multiple, colonising strains of Human Lactic Acid Bacteria & Bifidobacteria. HPI® are a unique blend of probiotic strains identical to those found in a healthy human gut from birth. Effectively re-balance/restore your own microbiota without disturbing the tummy's natural bacterial balance. Offers exceptional restoration with beneficial colonisation. Ideal for those prone to digestive disorders or tummy problems. Go with your gut feeling.



### Prebiotic

Probiotic Stimulating Syrup.  
Stimulate your microbiome.

Prebiotic promotes mineral absorption of calcium and magnesium, improves the production of enzymes and improves digestive health. Prebiotic's oligosaccharides (concentrated non-digestible food ingredients) help the growth and activity of healthy, beneficial Lactobacilli and Bifidobacteria within the gut, increasing the resistance to pathogens. Prebiotic is digested only by beneficial bacteria and not absorbed by the stomach, so it doesn't raise blood sugar levels. Establish a healthy microbiome faster. Everybody's happy, including your tummy.



### Chloride

Essential Mineral Concentrate.  
Rehydrate and remineralise.

Mineral Chloride is a concentrated liquid of balanced magnesium, potassium, calcium and sodium chlorides. These minerals are involved in hundreds of essential biochemical reactions that keep the human instrument functioning exactly as it has been intended. Add to water or juice and it's absorbed rapidly. Optimal mineralisation assists digestion, helps improve sleep, brain function, bone health, mood, ability to build muscle and cardiovascular health. It is the ultimate ionic mineral chloride formulation.



### PH Caps

pH 10.3 Deep Ocean Alkaline Salt Capsules.  
Optimise gut pH and stimulate HCL.

Unlike regular Sea Salt, PH Caps are lower in the chloride Sodium and higher in the chlorides of Potassium, Calcium, Magnesium and other essential minerals. This subtle difference has a profound effect on hydrochloric acid production, hydration, circulation and the appropriate regulation of gut pH, fundamental for healthy digestion and absorption of foods. Rapidly absorbed vegan-friendly cellulose capsules. Optimise stomach acid and alkali levels so all the smaller parts of yourself genuinely enjoy living there. You can't improve on balance.



### Incubator

Probiotic yogurt maker.  
Your very own yogurt patch.

Produce the probiotic yogurt everybody loves, brimming with live beneficial bacteria, made fresh in your own kitchen. Made from fully recyclable resins. Energy efficient. 100% silent. 5-Year factory guarantee. Zero noise. Child safe. CE approved. Multi region electric input. Supplied with One Litre, 100% BPA free Incubator Tub. Over 1 Trillion CFU of beneficial Human Probiotic Isolates® per litre, made fresh as you require. Can be made in dairy and non-dairy milks. Either way it's lactose free. Taste and texture can be controlled by you. Absolutely and utterly delicious.



### Enzymes

Multiple Proteolytic Enzyme Concentrate.  
Let your circulation flow.

The circulatory system permits blood to circulate and transport nutrients (such as amino acids and electrolytes), oxygen, carbon dioxide, hormones, and blood cells in the body to provide nourishment, stabilize temperature and pH, and maintain homeostasis. Enzymes are concentrated from a complex, richly nourishing blend of fermented vegetable extracts, formulated to complement circulation and blood flow without affecting body physiology directly. Suited to evenly balance skin tone and quality. Also appropriate for cardiovascular activity. Go with your flow.



### Immuno Protein

Multifunctional Protein Concentrate.  
Compliment your Immune System.

Multifunctional, concentrated proteins offer intense, complementary nutrition to the immune system, formulated to support the Gastro Intestinal Tract (GIT) to actively protect against bacterial, viral and fungal infections. Glycoproteins contain oligosaccharides that may encourage the growth of beneficial bacteria in the gut and regulate the absorption of minerals such as iron. Active proteins may soothe and cleanse gently, ideal for those prone to viral infections and skin irritations and conditions. Your immune system can do with a compliment

